

Guidelines 2011-2012



Carnival & Competition

Guidelines

Welcome to Season 2011-2012



What Ever It Takes

Competition & Carnival Guidelines

What Ever It Takes

“All you need to know about Nipper Carnivals but you were too afraid to ask!”

Some nippers enjoy surf life saving as a sport and participating in competition at Surf Carnivals. This handbook provides information for Nippers and their parents wishing to compete in Surf Carnivals.

Warilla - Barrack Point SLSC has a strong tradition of competing at carnivals, displaying sportsmanship and in particular has encouraged and developed competition in team events. Surf Carnivals are loads of fun, but require a commitment from both Nippers and parents. Nippers at a carnival must have either a parent or nominated guardian present at all times.



Who can Compete ?

U8 - U14s are the only age groups allowed to compete at carnivals. There are no competitions for U6 & U7 age groups.

The surf life saving year season runs from 1 October to 30 September.

As a starting point all Nippers wishing to compete at carnivals (either on beach or water) must be a financial member of the Club and have paid the Competition Levy to the Junior Registrar, this covers some, but not all, Carnival Entries. The Competition Levy must be paid in full prior to any Nipper being entered in designated carnivals covered by the levy.

From the Under 9's onwards the kids will need to decide on their preferred discipline ie. beach or water, as the events are held concurrently and you are generally not able to compete in both, but it can be done.

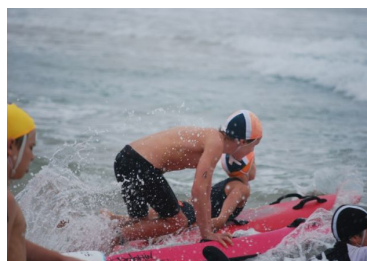
What is Proficiency ?

All Nippers wishing to compete at carnivals (either on beach or water) must complete their Junior Activities Preliminary Skills Evaluation **and** their Junior Activities Competition Skills Evaluation at the dates and times specified by the club.

This ensures competitors can demonstrate they are competent in the water. The Evaluation dates and times are displayed on the clubs website and the club calendar. This is a SLISA requirement.

Competitors at Branch, Country and State Championships must also have successfully completed their Surf

Education obligations prior to December 31. Again, this is a requirement of SLISA and it is critical that it is completed.



Where are Carnivals held ?

If you want to, you can spend the entire season travelling up and down the coast of NSW competing at surf carnivals. The up to date season calendar including carnivals is available on the Club website www.warillasurf.org.au

Traditionally at Warilla-Barrack Point we have focussed on sending teams to the Sydney Water Series, Country, Branch and State. The club calendar on the website has the most up to date carnival details.

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How long do Carnivals go for ?

Carnivals are usually held over one day but Country and State Titles are held over 2 to 3 days.

Most carnivals marshal approx 8am, with a club warm up being held at 7am. Most carnivals involve long hours so be prepared to be at the beach most of the day.

How do I enter ?

NEW THIS SEASON

Currently the Club pays Carnival Entry Fees for Nippers to a number of (Not All) Carnivals as advised by the Executive from time to time, via the Competition Levy.

It is the competitor's responsibility to ensure that they advise the Junior Registrar their intention to compete at a carnival. This must be advised by SMS to Allison Bonetig on 0407 961 197, all SMS Entry closing dates are noted on the Season Calendar, usually, 3 weeks prior to the Carnival date. Allison will then advise by return SMS any Carnival entry fees not covered by the levy and arrangements for payment.

Payment must be made before the entry will be submitted for the carnival. Advice needs to be

given 12 weeks prior for Country and State Championships.

If an SMS Entry Advice is not supplied by the due date, you will not be entered for the carnival, all closing dates are noted on the Season Calendar. Advising Allison by any other means eg email, telling her on the beach, will not be accepted. Late entries are possible in some cases, but late entry fees apply. These entries must be paid in advance by the Nipper parents and will not be paid by the Club.

Where a Nipper enters a Carnival, or any "series" carnivals and subsequently fails to compete or compete in "all" rounds, or withdraws from an event for which they have been nominated (unless withdrawn by the Age Manager, Coach and/or JAC), the Nippers Parents will be required to reimburse the Club for the Entry Fee. Nippers will not be able to nominate for subsequent Carnivals until outstanding fees are paid.

Any problems please call the Junior Registrar on 0407 961 197.



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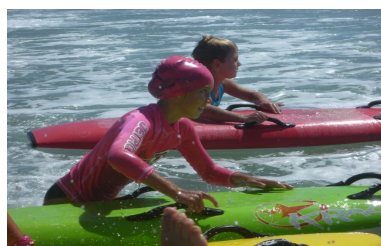
Entries at Country, Branch & State Titles?

Unless event entries are limited, any Nipper who wishes to compete can take part in the Country, Branch and State Titles. As long as the Nipper has completed their Proficiencies, relevant Surf Education requirements and paid the Competition Levy prior to the carnival in which they intend to compete or by December 31, whichever is the earlier.

What to Bring ?

Some useful items:

- Nipper Cap
- Club swimmers
- Towels
- Club Silicone swim cap
- Goggles
- Possibly warm clothing and/or wet weather clothing
- Sunscreen and Zinc
- Hat
- Shirt
- Sunglasses
- Permanent texta
- Carnival program
- Board
- Wax and ding tape
- Food/ water for the day
- Fold out chairs
- Sun shelter or umbrella



Boards

At the majority of carnivals it is the competitor's responsibility to transport the board they intend to use to the carnival. The boards can be collected from Warilla- Barrack Point Clubhouse prior to the event by arrangement with the Junior Gear Steward or JAC.

The board you take to the carnival is your responsibility until it is returned to the gear shed at Warilla-Barrack Point.

Boards should be carried and are not to be dragged on the beach. It is not wise to leave them lying in direct sunlight for a long time as this causes them to bubble.

If a member is too small to carry a board, you should carry it with another Nipper. Boards are not to be thrown down on the sand, and boards are not to be sat on when on the beach.

Kneeling (on nipper boards) and

standing up on all boards is strictly prohibited as they are not designed for this sort of treatment.

Scrutineering

Board paddlers who use fibreglass boards also must ensure that their equipment has the correct scrutineering sticker on it.

Every year there are a number of places where boards can be passed. Foam boards do not need to pass scrutineering, only fibre glass boards and racing boards.

For further details on scrutineering contact our Club President Alan Beveridge 0418 428 002.

How Parents can Help ?

Without the help of parents, nipper carnivals would not be able to be held.

There is a requirement that the club supply a number of Carnival Officials and Water Safety Officials for Carnivals. Water Safety and Officiating duties are shared among parents.

If in the event there are insufficient officials from our club, Warilla-Barrack Point SLSC may be

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withdrawn from the Carnival and/or fined. As a general rule the Club is required to provide water safety officials (1 for every 10 competitors) and officials (1 for every 10 competitors). Eg 30 nippers entered, 3 officials and 3 water safety officers.

Parents or siblings of Nippers competing at Carnivals are expected to assist with Water Safety (must hold SRC or Bronze Medallion) or Officiating.

Courses to become an Official or Water Safety are conducted throughout the season. See the Clubs website for details or contact our President Alan Beveridge on 0418 428 002



Events

Surf Carnivals involve both individual and team events in many disciplines. Competition begins with the Under 8 Age Group and at nippers levels finished at Under 14s. You can continue in the sport of surf lifesaving

beyond the Under 14s. From Under 15's right up to Masters.

Individual events in the WATER are Surf Race (swim), Board Race, Surfboard Riding (U12-U14's) and Iron person. Under 8s do the Wade rather than Board and Surf Race.

On the BEACH, individual events are Sprints and Flags.

Team events in the WATER are Surf (swim) Team; Cameron Relay, Buchanan Relay, Board Relay; Board Rescue; All-Age Board Relay and Wade Relay (U8). On the BEACH team events consist of Sprint Relay, All-Age Relay; March Past; R&R, Buchanan Relay and Cameron Relay.

Team events (except for the All-Age Relays; March Past; Cameron Relay; Buchanan Relay & R&R) are single gender at some carnivals.

What are the Rules of Surf Life Saving?

Anyone who has been to a surf carnival will be able to tell you there are many rules to the sport of surf life saving. These rules are set out in the SLSA Surf Sports manual 33rd (Revised edition). This is published on the SLSA website at www.slsa.com.au

It is extremely important that Warilla-Barrack Point nippers and

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Parents understand the rules as it is heartbreaking to train all season and be disqualified for a minor infringement. But it does happen!

At Country, Branch and State carnivals in particular rules are strictly enforced. Obviously at Nippers on a Sunday at Warilla-Barrack Point a more relaxed approach is taken to events. Please make sure you and your child understand the rules of surf life saving competition for their respective events. Your Age Manager will be able to assist you.

Entry to Competition Areas

Competition areas are limited to a certain number of nominated officials per club. If other club officials or parents are found in the competition area this may result in the club being disqualified from an event.



The Nipper Cap

At all carnivals, the Warilla-Barrack Point cap must be worn. This is an SLSA requirement. Disqualification can result in this rule not being followed. It is preferred that the Warilla-Barrack Point swimmers also be worn.



Competing Outside Age Group

In general terms, competing outside Age Groups is not permitted in **events for individuals**. However under 14s who have completed their SRC may compete in the Under 15s (however patrol hours must be completed for Under 15s).

In team events it is allowable to compete in the age above in some team events. The rules state: *“For participation in team events the following conditions apply:*

(i) In the U/8 to U/13 age categories inclusive, members may compete in their own (individual) age group in team events plus the next immediately older age group in team events. NOTE: U/8 members shall not be permitted to compete in water events other than the Wade Relay (because the competition evaluations does not form part of the U/8 Age Award / Proficiency).

(ii) Proficient U/13 competitors with the relevant age award may compete in their own age (individual) age group plus the U/14 age category in team events.

(iii) Proficient U/13 Surf Rescue Certificate Holders may compete in their own age (individual) age group plus the U/14 and U/15 age team categories.”

Team Substitutes and Reserves

If there are circumstances where originally selected team members may not be able to compete in heats or semi finals of a team event, than the age group manager, coach(es) or JAC will substitute a competitor at their discretion.

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Participation in Team Events

We encourage all Nippers to be a part of Warilla-Barrack Point SLSC. The Club places a high priority on Team Events and will enter as many teams as possible in events. Being part of a team represents important values, such as working together for the good of the team, mateship, and sharing in the highs of success, or the lows of not doing so well. The Age Manager, JAC and Coaches will select teams consistent with the best interest of the individual and overall philosophy to send the strongest Warilla-Barrack Point team to compete at Country, Branch and State championships. Selection will be based on performances at Club Championships, other carnivals, the workload on the day and timing of events.

Please note that once a member has been selected and committed to a team event then withdrawal from any team event without a valid reason during a carnival may result in the nipper being withdrawn from all individual events.



Warilla-Barrack Point Selection Policy

The objective of the Selection Policy is to select the strongest team or teams to represent Warilla-Barrack Point SLSC in each Age Group, whilst always encouraging all Nippers to 'have a go' and compete for fun. At Country and State Championships Warilla-Barrack Point will try to select the most competitive team from any age group. A team may comprise one or more competitors from a younger age group in accordance with the SLSA Surf Sports manual 33rd (Revised edition).

Team selection for each age group is the responsibility of the Age Manager, the Coaches and JAC and will be selected based on the criteria set out below. In addition to the selection criteria there are number of factors to be considered including availability to compete, willingness and

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commitment to train. The following Criteria will be used as guide to selection throughout the season:

- All Club Championships completed preceding the Selection Panel Meeting
- All rounds of the Sydney Water Series
- Country Championships
- Branch Championships
- Availability to compete
- Willingness and commitment to train
- Reasons for unavailability to train eg school, uni, work/ parents work commitments
- Any other Carnival results the Selection Panel see as applicable

Parents may not implement any changes to any Teams selected. If a child cannot compete in a team due to any circumstance, the Age Manager, Coaches or JAC will have the responsibility for making the required changes to Teams.



Appeals – Team Selections

In the event a member considers the selection process has not been conducted in a fair and consistent process then they will have the right of appeal. That is the appeal may only be made on procedural grounds, not on the merits of a particular selection decision.

At no time is any parent to discuss any team selection with the Age Manager or Coaches. Any discussion on team selection must be referred in the first instance to the JAC.

Appeals must be in writing to the JAC within 36 hours of the Team Selection being posted.

If it is considered the appeal is warranted then an appeals committee will be established to adjudicate on the issue being appealed. The Appeal committee will be determined by the JAC

committee and will comprise of a minimum 3 persons. The Appeals Committee shall meet prior to the appealed carnival. All parties will be notified prior to the appeal being heard.

Outcome of the appeal will be communicated to the JAC Chairman who in turn will communicate the result as soon as practicable to the respective Coaches, Team and/or Age Managers and the aggrieved member.

Please contact the JAC for further information.



The Day before the Carnival

To aid you to have a successful carnival the following points may be of assistance;

Eat well to ensure you have adequate reserve energy supplies and get a good nights sleep.

Pack all you require

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Print the carnival program, which will be available prior to each carnival via the Clubs website, if provided by hosting club.

Check your board - check that it is in good condition or that you have pre- arranged to use a club board,

Check the weather forecast and amend packing as required eg wet weather or warm clothing.

Ensure you have checked if any assistance is required to transport the club tent to the carnival. Contact Rob Bagnall for further information on 0419 959 019.

On the Day of the Carnival

Team Manager

The Club person nominated with overall responsibility for the entire Warilla-Barrack Point team at a carnival is the JAC. The JAC will directly liaise with the Carnival Referee and senior carnival officials.



Competitors **must** arrive no later than 30 minutes prior **to the start of marshalling** for the first event on the program. It is useful to be there earlier to adequately warm up with the coach and help set up the club tent.

The club provides a tent and volunteers are asked to assist to put it up and down and even transport it to the carnival. Contact Rob Bagnall for further information on 0419959019 but you are welcome to bring your own shelter and sit nearby.

- On arrival, it is the Parents responsibility to ensure the child's attendance is noted with the JAC.
- Mark your age on your arm with permanent texta eg U8
- No jewellery is to be worn
- Warm up, following the coaches instructions
- Check the depth and conditions at the start of your water area
- Cross check currents, the position of rips, banks and holes
- Which way the wind and chop will take you on the way out and the way back
- Mark eg swimming buoys, that you will see or pass
- the layout of the turning cans and landmarks e.g. tents, trees, clubhouse
- the best finishing area

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- Be aware of timetable of events
- Ensure you are aware of your competition area eg water area, flag area, sprint area etc
- Listen for announcements over the PA for marshalling of your event



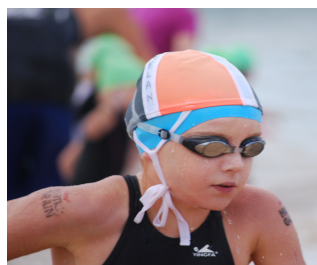
- Stay in the shade as much as possible
- Keep up fluid and nutrition intake
- Reapply sunscreen as required
- Wear appropriate clothing
- Keep warm and ready
- Practice your psychological skills, relax, positive thinking and maintain your motivation
- Watch lead up races to gauge changing conditions and best course
- Let your parent know your location at all times
- Be responsible for your gear
- Keep your cap with you at all times.
- Leave craft in an area

where you know where it is, keeping it safe and not leaving waxed surfaces exposed to the sun.

- Be courteous and respectful to officials and other competitors.
- The JAC is to be informed immediately if a Competitor withdraws from an event
- Please note that Age Managers, Coaches or the JAC have the right to substitute team members if an athlete is not within the Competition Area when their event is marshalled
- If Club equipment is used please treat with respect and ensure it is returned to the club washed
- At the conclusion of a race, Nippers should remain at the finish (wearing their club cap), until released by Officials.
- Ensure you advise the JAC your departure at the end of a carnival.

Protests

Should a competitor feel he/she has been unfairly impeded by another competitor or that an irregularity has occurred, there may be grounds for a protest. Please note however that "luck of the prevailing conditions" is an integral part of surf sports and is not a ground for protest. Should a protest be considered the Nipper must immediately notify the designated team manager. A protest must be lodged within 5 minutes of the end of a race.



Compulsory

Have fun, support each other and be proud to be part of the Warilla- Barrack Point team.



